



Aftercare Planning

Our goal is to support you in making progress towards your own goals. We want you to be successful in services and hope to successfully discharge your family from Iris Family Support Center services as soon as the time is right.

Successful discharge usually happens when:

- You are no longer court ordered to have supervised visits
- You have met your treatment goals and do not have any other needs that require Iris Family Support Center's support
- You, your provider here at Iris Family Support Center, and your attorney, feel that services are no longer necessary

There are times when services close for other reasons, such as:

- Drastic case change that makes services no longer a viable option
- Sudden case closure at court
- Inconsistent attendance
- If you choose to withdraw yourself from Iris Family Support Center services at any time

As a part of your services here at Iris Family Support Center, we will discuss aftercare options for you to continue to receive support once your services end at Iris Family Support Center. As needed, this could include:

- Therapy services through your private insurance or Medicaid
- Community support groups
- Other community resources

We will work together to keep these things in mind as we progress through treatment. If you have any ideas or requests about your aftercare and support, please let us know!

If your services close suddenly for any reason, here are some helpful resources

Resource	What can they help with	How to Access
211	24/7 hotline with links to a wide variety of community resources and supports	Dial '211' on your phone In211.communityos.org
Community Partners Services w/Iris Family Support Center	Short term case management and linkage to community resources for a wide variety of needs	800-752-7116 260-421-5000
Look Up Indiana	Mental Health, behavioral health, and substance use/addiction resources	Lookupindiana.org
Suicide Prevention Lifeline	Free and confidential support for people in distress, prevention and crisis resources for you and your loved ones	800-273-8255